The Choosing of a Christian Name

Many people choose an additional saint’s name at Confirmation. The preferred name, however, is the *baptismal name* because it expresses the relationship that exists between Baptism and Confirmation.

If a new name is taken, it should be the name of a *recognized saint* of the Catholic Church. If the baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a patron saint’s name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life, which that person led.

**Candidate’s name:** ______________________________________________________________

**Confirmation Name chosen:** ______________________________________________________

**Find out more about your patron saint’s life. Choose either your baptismal or**
**confirmation patron. Complete the following questions.**

Saint’s Name: ___________________________ Feast Day: ___________________________

Saint’s place of birth: ____________________________________________________________

Find out something about this saint’s:

- Family: ______________________________________________________________________
  _____________________________________________________________________________

- Occupation: __________________________________________________________________
  ______________________________________________________________________________

Please complete both sides.
What did you learn about how this Saint lived and died? __________________________
________________________________________________________________________
________________________________________________________________________

Name three virtues this saint practiced in his/her life? __________________________
________________________________________________________________________
________________________________________________________________________

How is this Saint a good role model for you to follow as a confirmed Catholic?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Ask your parents how they picked the name you were baptized with. Then write a brief story about what you found out.